

2016 Bridges Conference

**Building Bridges to
Support Long-Term Services
& Support Initiatives for Older
Adults, People with Disabilities
& Veterans**



May 12–13, 2016

Crowne Plaza Near NRG Stadium
8686 Kirby Dr., Houston, TX 77054

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HARRIS COUNTY

Houston Department of Health and Human Services
Funded by the Texas Department of Aging and Disability Services

CITY OF HOUSTON

May 12-13, 2016

Dear Conference Participants:

On behalf of the Houston Health Department, we want to extend many thanks. Thank you all for attending the 2nd Annual Bridges Conference to support older adults, people with disabilities, and veterans. We all work on a daily basis at our individual organizations and in partnership to connect those we serve to the services and supports they need. Your attendance at this conference demonstrates your desire to learn about the ways we can work collectively to ensure ongoing support to consumers.

To all of the speakers, panel moderators and panelists, thank you for your willingness to share your experience and expertise related to your area of specialty. The information you shared will provide great insight in enhancing the lives of those we care about in the aging, disability and veteran communities.

We also want to thank all of our sponsors, exhibitors, performance troupe Friends of Down Syndrome, volunteers and staff who made this event possible. We could not have put on this event without you!

For all in attendance, we hope that you enjoy meeting individuals from around the country, state and the local community. It is exciting to see so many people who have come together to learn about how best to help those we serve.

Thank you again for attending this conference.

We look forward to seeing you at next year's conference.

Sincerely,



Deborah A. Moore

Bureau Chief, Harris County Area Agency on Aging
Division of Aging, Chronic Disease and Injury Prevention
City of Houston Department of Health and Human Services

PROGRAM

EVENT OBJECTIVES

- Promote the ability of people with disabilities, older adults and veterans to age well and live well in their communities
- Educate professionals about resources and supports that are available to assist older adults, people with disabilities, veterans and families
- Work in partnership with aging, disability and veteran networks to sustain support systems

Six (6) CEUs will be available for conference attendees.

Thursday, May 12, 2016

- 8:00 AM **REGISTRATION & CONTINENTAL BREAKFAST**
- 9:00 **WELCOME**
Greetings from City of Houston
Faith Foreman, PhD *Assistant Director of Aging, Chronic Disease and Injury Prevention, Houston Health Department*
- 9:10am **Building Bridges (Overview of Conference Theme)**
Deborah A. Moore, MBA *Bureau Chief, Harris County Area Agency on Aging Division of Aging, Chronic Disease and Injury Prevention, Houston Health Department*
- 9:25am **KEYNOTE ADDRESS: What is a Livable Community and How Do We Get There?**
Daphne Kwok *Vice President of Multicultural Markets and Engagement, AARP Livable Communities*
- 10:25am **DOOR PRIZE & BREAK**
- 10:40am **The Impact of Having a Coordinated Access System: Helping Consumers Navigate Resources, Services and Supports**
Joseph Lugo *Administration for Community Living*
Why is having a coordinated access system that provides person centered counseling so important? Mr. Lugo will discuss promising practices, tools and mechanisms the U.S. Administration for Community Living and its partners are developing in collaboration with states which are designed to assist older adults, people with disabilities and veterans who need to navigate and access long-term services and supports.
- 11:50am **LUNCH & PERFORMANCE: Friends of Down Syndrome**
- 1:15pm **BREAKOUT SESSION I** *(see page 4)*
- 2:25pm **BREAK & EXHIBITORS** *(see page 5)*
- 3:00pm **BREAKOUT SESSION II** *(see page 4)*
- 4:15pm **ADJOURNMENT**

PROGRAM

Friday, May 13, 2016

8am **REGISTRATION, BREAKFAST AND EXHIBIT HALL OPEN**

9:00am **WELCOME**

9:15am **An Outlook of Trends & Service Delivery to Older Adults, People with Disabilities and Veterans in the State of Texas**

Lloyd Potter, PhD *State Demographer*

The rapidly growing population of older persons, persons with disabilities, and veterans in Texas presents significant challenges. These challenges include providing adequate access to health care, transportation, and housing. By understanding these population trends and associated growing demand Texas and its communities can strategically plan to address these needs.

10:00am **EXHIBIT HALL AND BREAK**

10:30am **DOOR PRIZES**

10:40am **Honor Aging and Disability Champion**

11:00am **KEYNOTE ADDRESS: A State Perspective: Accessing Long-Term Services and Supports in Texas**

Elisa Garza *Assistant Commissioner*

The Texas Department of Aging and Disability Services has implemented initiatives to improve access to long-term services and supports for all Texans using a “No Wrong Door” approach. Specific strategies such as data sharing, establishing a toll-free line and developing a long-term services and supports screen will be shared.

11:45am **Motivational Speaker: George R. Harrison, Optimum Impact**

Addresses the challenges of people’s differences and how we cope and interact one with the other. Often a lack of knowledge of other cultures causes friction between people. What to say or not to say or do will be addressed to avoid a negative impact. Get ready to be motivated, educated and to leave differently than you came!

12:15pm **DOOR PRIZES AND CLOSE CONFERENCE**

12:30pm **ADJOURNMENT**

BREAKOUT SESSIONS

SESSION I: 1:15–2:25 PM | SESSION II: 3:00–4:15 PM

BREAKOUT 1 JANE BAVINEAU, VP, *Sheltering Arms Senior Services Division of Neighborhood Centers Inc.*,

KATIE SCOTT, Director of Dementia and Caregiver Support Services, *Sheltering Arms Division of Neighborhood Centers Inc.*,

MEGGIN LORINO, Director of Neighborhood Based Seniors Services, *Sheltering Arms Division of Neighborhood Centers Inc.*,

NANCY WILSON, Assistance Professor - Geriatrics Section Department of Medicine Baylor College of Medicine

Its' All About the Strengths! Appreciative Inquiry (AI) is an approach to the discovery of assets and strengths within individuals, programs, neighborhoods and populations. Participants will learn about new initiatives in dementia care, intergenerational programming, in-home services and mental health that are based on AI principles and provide examples of what happens when an agency is committed to building on the strengths and aspirations of the clients it serves.

BREAKOUT 2 TRELISHA BROWN, *Managing Attorney-Health Law Program, Texas Legal Services Center*

Navigating Long-Term Care Services and Support Programs for Older Adults and People with Disabilities Participants will be able to identify systems and compare and contrast different systems that support older adults and people with disabilities. Participants will also be able to use the resources provided to help navigate long-term care services and support programs for older adults and people with disabilities

BREAKOUT 3 SUZANNE CRISP, *Director of Program Design and Implementation, National Resource Center for Participant-Directed Services Boston College*

LEX FRIEDEN, PHD, *Professor of Biomedical Informatics and of Physical Medicine and Rehabilitation at The University of Texas Health Science Center at Houston (UTHealth); Directs the Independent Living Research Utilization (ILRU) Program at TIRR Memorial Hermann in Houston*

Medicare and Medicaid Home and Community-Based Services (HCBS) Settings Final Rule Implementation of the Centers for Medicare and Medicaid Home and Community-Based Services (HCBS) Settings Final Rule provisions in Texas will be described and implications for community programs addressed.

BREAKOUT 4 ANDREW HARDWICK, *Social Security Administration*

Understanding Social Security and SSI A review of SSDI and SSI, how to apply, differences between the two programs, Medicare and Medicaid, online tools at Social Security's website and a review of employment support programs for individuals with disabilities (PASS, Trial Work Period, Impairment Related Work Expenses, 1619b, Ticket to Work).

BREAKOUT 5 MARK KUNIK, MD, MPH, *Director, VA South Central Mental Illness Research, Education and Clinical Center Professor, Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine*

Innovations in Care for Aging Veterans and Caregivers The VHA comprehensive healthcare (medical, mental, & social services) will be described; innovative programs (STAR-VA, Partners in Dementia Care, & REACH-VA) will be highlighted, as well as a local program for Veterans with complex medical/mental problems.

BREAKOUT 6 SHERI TALBOT, *Dir. of Authority Services, Developmental Disabilities Services Division, Texana Center*

Changes to the Managed Care System Helping Older Adults, People with Disabilities and Families to Prepare and Respond.

Session 1: Texas Long Term Services and Supports The State of Texas manages an array of programs for individuals who have intellectual and developmental disabilities. State Medicaid programs (available services, eligibility criteria & financial requirements) will be explained. Attendees will learn about the referral process and registration on the state-wide interest lists for these programs.

Session 2: Introducing Managed Care to Long Term Services and Supports The State of Texas is redesigning the system of care for individuals who have intellectual and developmental disabilities, so they will receive long-term services and supports through capitated Medicaid managed care programs. For the first time, the State has added a long-term services and support to the State Medicaid Plan through Community First Choice.

BREAKOUT 7 DEBORAH MOORE, *Bureau Chief, Harris County Area Agency on Aging Division of Aging, Chronic Disease and Injury Prevention City of Houston Health Department;*

JOSH REYNOLDS, *Director, United Way Care for Elders*

Moving Toward An Elder Friendly Future: Aging Trends and Our Communities Addressing the needs of older adults in any community can be challenging, but challenges can create opportunities to develop innovative and powerful supports for older adults. Harris County Area Agency on Aging and United Way Care for Elders will provide a joint session examining trends, challenges, opportunities and supports for older adults in Harris County. Mr. Reynolds will unveil United Way Care for Elders' *A Spotlight on Aging* publication that describes data and trends pertaining to older adults. Ms. Moore will describe findings from the *Aging Agenda Progress Report*, which dive into eight focus areas (domains) that highlight the aspects of aging in this community that are essential to moving toward an elder friendly future. While this discussion will emphasize trends in Harris County, concepts and ideas will be discussed that are pertinent to any community that has the desire to create an elder friendly community.

EXHIBITORS

- ADULT PROTECTIVE SERVICES
- CAPTEL OUTREACH COORDINATOR
- CARE CONNECTION AGING AND DISABILITY RESOURCE CENTER
- CARE TRANSITIONS HOSPITAL
- DEPARTMENT OF AGING AND DISABILITY SERVICES COMMUNITY SERVICES REGION 6
- FRIENDLY FACES SENIOR CARE
- GULF COAST CENTER
- HARRIS COUNTY AREA AGENCY ON AGING
- HEALTHY HOMES
- HOUSTON CENTER FOR INDEPENDENT LIVING
- HOUSTON GALVESTON AREA AGENCY ON AGING
- HOUSTON GERONTOLOGICAL SOCIETY
- HOUSTON HEALTH DEPARTMENT
- HUMAN CARE USA
- LILLY CORPORATION/ROSS COMMUNICATIONS INC.
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- MEMORIAL HERMANN
- MICHAEL E. DEBAKEY VA MEDICAL CENTER
- NEIGHBORHOOD CENTERS INC.
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- TEXANA CENTER
- TEXANPLUS HMO
- THE HARRIS CENTER FOR MENTAL HEALTH AND IDD
- TRI - COUNTY SERVICES
- UNITED HEALTHCARE
- UNITED HEALTHCARE COMMUNITY & STATE
- UT HEALTH LONG TERM CARE OMBUDSMAN
- VALLEY SERVICES, INC.

